

Forest Row has an increasing number of people who are fixing, repairing, sharing and growing food. These are the key elements of what is known as a 'circular economy' because materials keep flowing around the village instead of going to the waste dump!

This leaflet shows just a small selection of amazing local people and organisations collaborating and contributing to build a stronger circular economy by reducing our waste. We'd love you to seek them out and support them. We at FrowResource are adding names all the time – please let us know if you think of any other initiatives that could be included in our exciting network. We want to help more people get involved, both paid and volunteer positions, and increase our collective resilience.

If you would like to help you can:

- get to know FrowResource, Second Life, and our expanding network
- support us all where you can
- share your ideas, imagination and creativity with us – perhaps you have thought of a local service or business that could use support from our **FrowResource Sponsorship Scheme**
- let us know about local waste issues and suggest solutions
- reduce your own waste by refusing, reducing, reusing, repairing, repurposing, sharing, donating, giving away, recycling, etc.

Thank you!



Cat Fletcher (2019)

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**Growing a circular economy
in Forest Row**



FrowResource is a not-for-profit organisation created to support the community of Forest Row to reduce waste and grow a thriving circular economy. We aim to use progressive recycling strategies to rethink our consumption. Our intention is to fill the gap left by the 2018 closure of the Forest Row tip by offering residents local options for managing unwanted materials.



Our objectives include:

- Creating a **zero-waste community**
- Creating **local employment** and apprenticeships
- Providing financial **support to local initiatives** in the village
- Contributing to village **retail and community life**
- **Raising awareness** about waste and how we can collectively reduce it

Our story

FrowResource wanted to take over the old tip site and run it on behalf of the community. When we were not able to do this, we stuck to our vision and opened the **Second Life Community Shop** as the first step towards our long-term plan.

Building community wealth by supporting local waste reduction initiatives



Second Life, Forest Row’s Community Shop, opened in June 2022. Eighteen months on, it has become a place where unwanted goods can be left, treasures and necessities can be bought, local artisans can acquire raw materials and profile their products, people can drop in to talk, ask questions, browse, have a laugh, and where anyone can join in and work for a few hours to sell, sort or tidy.

Second Life sells, gifts, repurposes, repairs, recycles and collaborates with local artists who reimagine and upcycle donations. Everyone who has contributed to the creation of Second Life can be proud because:

- it meets community need
- it creates employment
- it’s a valued place to go in the village
- it’s a hub for other activities (inc. pop up shops, book club, volunteer socials)
- surplus funds are reinvested into the community through our **FrowResource Sponsorship Scheme** (see website)



44 metric tonnes of unwanted goods have been donated to Second Life so far – that’s equivalent to 4 double-decker buses!



Sharing

Second Life passes on donations that can’t be sold to other community initiatives such as:

- East Grinstead Salvation Army www.eastgrinsteadshop@satcol.org
- Furniture Now 01273 487377 www.furniturenow.org.uk
- Local Schools
- Baby2baby and Beyond www.baby2baby.co.uk
- Knight Support www.knightsupport.org.uk
- Jam jar exchange, flower pot exchange & ‘Free Shop’ at the back of Second Life

Repairing

Residents that help us repair donations and great community initiatives such as:

- Heidi Ruse • Repair Cafe Forest Row (Facebook page) • Friends of the River Medway www.formedway.org
- Aztec Threads www.aztechthreads.com

Re-imagining

Wonderful new initiatives:

- **FrowResource Sponsorship Scheme** to kick start local waste reduction initiatives
- Forest Row Shed Project (coming soon!)

Growing

And the network gets bigger:

- Second Life Fashion Shows and stalls at Forest Row Festival (www.forestrowfestival.org.uk), and our local Good Vibrations Festival
- Events at The VENUE on the Green in Forest Row
- FrowResource is part of a network of voluntary groups active in Forest Row working to meet the needs and aspirations of our community

Repurposing

Residents who repurpose donations:

Victoria Aylward: @victoria_mypadinteriors • Angie Shrubsole Brett: @shrubsolebrett • Julian Johnson 07947 876981 • Karel Stockley • Richard Evans 07947 058934 • Louise Grinstead: Wings Vintage 07814 027481 • Watch this space as we grow the list!

Recycling

Organisations that deal with waste and/or offer recycling:

- East Sussex County Council (ESCC)
- Wealden District Council (WDC)
- Forest Row Parish Council
- Forest Row Community Fridge www.forestrowcommunityfridge.org
- Second Life Community Shop in Forest Row
- Samco Services www.samcoservices.co.uk
- Seasons Wholefoods Forest Row www.seasonswholefoods.co.uk
- Ministry of Metal (the old tip was sold to this company by ESCC)
- S4B East Grinstead convert cardboard and unsold books into animal bedding www.s4b-group.co.uk

Please let us know if you wish to be added to the list